



*Providing knowledge and support for
brain injury survivors and
their families*

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News 4 You

May 2011

UPCOMING EVENTS

Services provided by NUMC

Where: St. Paul's Lutheran Church
Fireside Room, 201 N. State St.

When: 3pm. May 14th

Balance and the Brain

Where: Mankato East Mall, Community Room
1400 East Madison Avenue

When: 6:30 pm. May 10th

SUPPORT MEETING SCHEDULE

New Ulm

St. Paul's Lutheran Church,
Fireside Room, 201 N. State Street
3pm. 2nd Saturday of the month

SUPPORT MEETING SCHEDULE

Mankato

Madison East Mall, Community Room
1400 East Madison Avenue
6:30pm. 2nd Tuesday of the month

PLANNED PRESENTATION TOPICS

May 14th

Our guest speaker, Steve Schneider
Director of Operations at the New Ulm
Medical Center will discuss
information about some services
provided by NUMC:
Mental health, substance abuse and Sister
Kenny.
Participants may share any gaps in services or
access to care issues that are needed.

June 11th

Finding the Strength to Survive a Tragedy!
Ten Symptoms not to Ignore!
(written by Mayo Clinic Staff)

July 9th

Brain Mythology and Brain Facts
(info from Posit Science).

PLANNED PRESENTATION TOPICS

May 10th

Our guest speaker will be Dr. Allen Rudolph
D.C. from Dynamic Health Solutions in New
Ulm and Mankato. Do you suffer from vertigo
or balance problems? Feel free to ask questions.

June 14th

Our guest speaker will be Tammy Weisenberger
MA., LPC Operations Director from Lutheran
Social Services (LSS) in Mankato. Tammy will
talk about the local services provided by LSS.

July 12th

Our guest speaker will be Dalaine Remes, Legal
Advocate from Minnesota Disability Law Center
in Mankato. Dalaine will talk about the services
provided by the MN Disability Law Center.

Never Give Up! Go over, go under, go around, go between, or go through- but never give up!

SMART \$\$\$ STUFF

*File your taxes...even if you don't owe tax because you might get money from the IRS and the state. Free tax preparation at Senior Centers.

*Also get a larger MN Property Tax Rebate because you are brain injured.

May- time to pay Realstate Taxes! Save\$\$

*Market Value Exclusion on Homestead Property of Disabled Veterans.

*Special Homestead Classification – for homesteads of persons who are totally and permanently disabled.

*Also TAP can reduce phone /cell bills.

MNBIF can show you how to qualify 4 these!

FUND RAISERS

As we all know, disability; even the hidden disability of a brain injury costs money. Support groups also cost money. Raising funds for our support group will also raise awareness about brain injury. If you want to get involved and help with a fund raiser please get in contact with us.

BRAINY BOOKMOBILE

We have many books on the topics of brain injury and self help that can be loaned to members. We also will be having more DVD's. Please remember to return them in a timely manner.

CRUZING ON MEMORY LANE

Donate to Minnesota Brain Injury Force in memory of someone you love! Along with your loved ones name, you may choose a special Bible passage or you may want to make your own special message that will get posted on our web site where you can visit any time. You will have the knowledge that your donation has helped brain injured people get support and encouragement. Please help us help brain injury survivors!!

Mail your donations and message to:
MN Brain Injury Force
P.O. Box 75 Courtland, MN 56021

You can help a brain injured friend.

Someone named John from the Mankato support group has gone through some hard trials. He needs support and encouragement. Does anyone want to write to him? You may email info@mnbif.org or mail a letter to MNBIF or bring your letters to any support meetings. MNBIF will send them to John.

THANK YOU :-)

MNBIF thanks the following for their support:

*Mark Reedstrom from Marco in Mankato for a great working computer.

*Joshua Steinbrecher, from the law office of Berens, Rodenberg & O'Conner at 519 Center St. in New Ulm, MN. He did a great job working with the brain injured director of MNBIF and incorporating MN Brain Injury Force Inc.

* Sams * Hy-Vee in New Ulm

* New Ulm's Lion's Club * Hy-Vee in Mankato

* Culvers of Mankato * Brown County REA

* C.I.A. from Lafayette

* Herberger's of New Ulm for "Community Day" coupon sales.

* Brain Injury Assoc. of MN 1-800-669-6442

* Disability Linkage Line 1-866-333-2466

SOCIAL SUPPORT

To survive and thrive, you need people in your life to support and encourage you. Social Support can make a difference when people are fighting a illness. (Mayo Clinic.com) Note: Like a brain injury!

OUR WEBSITE

MNBIF has been in the process of updating our website. Thanks for your patience! Information and our support group meetings and schedules can be found at: www.mnbif.org

A SPECIAL THANK YOU TO

Laura Rademaker and Shari Gieseke for their hard work with MNBIF's new website design, the creation of a logo and the creation of a brochure.

Minnesota Brain Injury Force

www.mnbif.org